



Training Connections

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CSO – Common Safety Orientation – Energy Safety Canada

Replaces, PST, BSO and eGSO

4 hours

Prerequisites:

- Government Issued Photo I.D.

This course is for new workers in the oil & gas industry.

The Common Safety Orientation (CSO) is endorsed by industry and is intended for new workers in the oil and gas industry. CSO provides consistent safety messaging that clearly explains safe work practices.

Topics covered include:

- Personal accountability for a safe work environment
- Arriving ready to work
- Major hazards in the oil and gas industry
- The Life Saving Rules
- Worksite maintenance
- Emergency preparedness and response procedures
- Reporting incidents and near misses
- Safe work communications
- Contributing to a respectful workplace