



SST Training Connections

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ATV – All Terrain Vehicle

8 hours

Prerequisites:

- Be at least 16 years of age
- PPE - CSA approved helmet, steel toe boots, gloves and weather appropriate clothing
- Government Issued Photo I.D.
- ATV (1 per person)

An ATV is designed to be a safe vehicle when used as intended. The key to safe operation is knowledge of the vehicle; recognizing and accepting it as a motorized vehicle; respecting its capabilities and its limitations; varying operating conditions; and good judgement and courtesy. Recognizing your own capabilities and limitations is also a very important factor for the safe operation of your UTV.

Students learn about controls, reading terrain, turning, climbing hills, loading & off-loading and winching techniques.

- Introduction to ATV Safety
- Pre-Drive Inspection
- Range Signals
- Controls & Safety Equipment
- Starting & Stopping
- Starting Out, Moving Forwards & Backwards
- Braking
- Riding Strategies
- Turning
- Quick Turns
- Quick Stops in a Straight Line
- Emergency Stops / Swerves
- Driving Over Obstacles
- Sharp Turns
- Hills
- Safe Winching Practices
- Environmental Concerns
- Loading & Securing