



Training Connections

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OFA 2 – Occupational First Aid Level II

5 days

Prerequisites:

- There are no minimum age requirements to participate in any of the OFA courses. However, to be a designated first aid attendant in a workplace under the jurisdiction of WorkSafeBC, an employer must ensure that the attendant is at least 16 years of age.
- Candidates must be able to comprehend the information presented and be physically capable of performing the required skills to be issued an OFA certificate. If a Candidate is able to meet the course objectives, they can be marked as “successful” and be issued a certificate.
- WorkSafeBC regulation requires candidates to complete a Statement of Fitness prior to being certified in OFA level 2.
- Pre-reading will be assigned once students register.
- Successful completion of both a written and practical exam will certify students for 3 years.

Course Objectives

Candidates will be taught recognition, problem-solving and management in the following areas:

- Four stages of the Priority Action Approach:
- Detection and intervention of life-threatening conditions
- Physical assessment
- Interpretation of vital signs
- Obstructed airway clearing procedures.
- Use of a pocket mask.
- Use of a bag-valve mask.
- Shock and Deadly bleeding management.
- One rescuer cardiopulmonary resuscitation with AED.
- Principles of immobilization.
- First aid room techniques